



When and where is the retreat?

Women: March 1-2, 2008

Men's Retreat : March 8-9, 2008

The retreat is held in the St. Norbert Parish Center.

How long will it last?

The weekend begins at 8: 30 a. m. on Saturday and ends by 4: 00 p. m. on Sunday.

Where will we sleep?

Be sure to bring a sleeping bag or your favorite blanket and pillow. Comfortable air mattresses will be provided to sleep on for Saturday night. Of course, other sleeping accommodations can be made available in advance as needed. We want you to be comfortable to insure a restful night's sleep!

What about meals?

All meals, snacks and beverages are provided. Please note if you have special dietary concerns and we will do our best to accommodate your needs.

What should I bring?

- A sleeping bag or favorite blanket and pillow— air mattresses will be provided
- Towels, washcloths, soap, toothpaste and other toiletries (there are no showers)
- Comfortable, casual clothes
- Medications

There is no charge for the retreat, however donations are accepted

For more information:

For more information and/or registration, you may contact:

Joe Garger

Laura Viets



You are Invited to a Christ Renews His Parish (CRHP) Weekend Retreat

Women's Weekend:

March 1-2, 2008

Men's Weekend:

March 8-9, 2008

CRHP Registration Form

Please complete this form, tear on the line indicated and return it to the church office or drop it in the offering basket or the CRHP box in the back of church. Registrations will be accepted in order in which the forms are received.

Session: (check one) _____ Women's _____ Men's

Name: _____

Street Address: _____

City/ State: _____ **Zip Code:** _____

Phone- Day: _____ **Night:** _____ **Cell:** _____

Email Address: _____

Please list any special physical, overnight, or dietary needs and/ or Requirements. We will make every effort to accommodate these requests.

Emergency Contact Information (Please list 2 contacts)

First & Last Name _____ **Relationship to you:** _____

Phone- Day: _____ **Night:** _____ **Cell:** _____

First & Last Name _____ **Relationship to you:** _____

Phone- Day: _____ **Night:** _____ **Cell:** _____

What is Christ Renews His Parish? Christ Renews His Parish (CRHP, pronounced "chirp") is a spiritual renewal experience that brings adult parishioners together in small groups in order to deepen their relationship with Jesus Christ and each other. Whether you have attended retreats in the past or not, CRHP is a weekend like you have never experienced before! It is a gift from the Lord! You are invited to take time out to discover, in a casual, relaxed atmosphere, how to connect more deeply your Catholic Faith with your daily life.

Why should I attend? These days it is so easy to get caught up in the worldly aspects of our life that we sometimes forget that we also have a spiritual life. Just as we take vacations to refresh our physical and mental being, our spiritual life needs an occasional revitalization to refocus our life on what Jesus wants us to do. If you are looking to grow spiritually, need your spiritual life recharged, or are wondering what God is asking you to do, the CRHP retreat is a good place to reflect and listen to His Word.

What happens during the weekend? Come prepared to have fun and renew your heart. The substance of the week-end is the presentation of a number of personal stories in which individuals share their faith with you. Group discussion and response are invited following each presentation. You'll be free to share as much or as little as you feel comfortable. You and your needs will always be respected. The sharing dialogue is stimulated in a very liturgical, scriptural, and prayerful atmosphere. Opportunities for Scripture sharing, Reconciliation and Eucharist are provided during the weekend.

Who can participate? Any person within the parish boundaries of St. Norbert over 19 years old is invited and encouraged to attend a weekend retreat. CRHP is for anyone seeking spiritual renewal, desiring to build up the Body of Christ, or gain a deeper sense of purpose within our St. Norbert community.