

## Study Guide: Prayer in the Christian Life, Types of Prayer

To study the topic on the Church's teaching about prayer, consult the paragraphs indicated in the *Catechism of the Catholic Church* (CCC). Note that the "In Brief" sections may help answer the questions below.

1. According to Scripture, what are some of the characteristics of the prayer of Jesus? (CCC 2599-2606)
2. When Jesus teaches his disciples to pray, what are some of the attitudes he tries to instill in them? (CCC 2607-2615)
3. Why does the Church have such a high regard for Mary's prayer (recorded in Luke) called the "Magnificat"? What does it reveal about how she prays? (CCC 2617-2619)
4. How does the Catechism define prayer of *blessing* and of *adoration*? Why is adoration important? (CCC 2626-2628)
5. How does the Catechism describe the "movements" of the heart in the prayer of petition? Why doesn't the New Testament contain prayers of lamentation as the Old Testament did? (CCC 2629-2633)
6. How is intercessory prayer different from prayer of petition? What is special about it? (CCC 2634-2636)
7. What is the prayer of praise? How is it different from prayer of adoration? (CCC 2639, 2628)

8. What are some connections that the Catechism sees between faith and the prayer of praise? How is praise like martyrdom? (CCC 2640-2642)
  
9. What is the connection between the Eucharist and the prayer of praise? (CCC 2643)
  
10. The Catechism describes several "wellsprings" of prayer. One is the Word of God. In terms of prayer, why should we read Scripture? (CCC 2653-2654)
  
11. What is the connection between private prayer and the liturgy (the Church's public prayer)? (CCC 2655)
  
12. How does personal prayer spring from the three theological virtues" (CCC 2656-2658)
  
  
  
  
  
  
  
  
  
  
13. How are the events of each day to be considered wellsprings of prayer? (CCC 2659- 2660)