

Study Guide: The Sacraments of Penance, Anointing

To study the topic on the Church's teaching about these two sacraments of Penance (also called Reconciliation) and Anointing of the Sick (formerly called Extreme Unction), consult the paragraphs indicated in the Catechism of the Catholic Church (CCC). **Note that the "In Brief" sections may help answer the questions below.**

1. What are some of the names given the sacrament of Penance, and why are they used? (CCC 1423-1424)
2. Besides forgiveness of sin, what is the point of the sacrament of Penance? (CCC 1425-1429)
3. What kind of conversion is required? Describe it. (CCC 1430-1431)
4. List the forms of penance that Christians have available to them. (CCC 1434-1439)
5. If "only God forgives sin," what is the role of the Church in forgiveness? (CCC 1441-1442)
6. Despite changes of form over the centuries (CCC 1447), what is the essential structure of the sacrament? (CCC 1448-1449)
7. Describe the difference between a "perfect" and an "imperfect" act of contrition. What is an "examination of conscience"? (CCC 1451-1454)
8. Why is confession to a priest good and even essential? What about confession of venial sin? (CCC 1455-1456, 1458)
9. Who must confess sins to the priest? How often? (CCC 1457)

10. What satisfaction (sometimes called “a penance”) is required? (CCC 1459-1460)
11. Who ministers this sacrament? (CCC 1461-1467; ***note the point in 1466!***)
12. Why is it important that the Church address the problem of illness? (CCC 1500-1502)
13. Although Christ is the healer, he did not heal everyone. Why not? What were some of his typical ways of healing? (CCC 1503-1505)
14. What relationship does the charismatic gift of healing have to the mandate that the Church has to heal the sick? (CCC 1506-1509)
15. Why is the anointing of the sick a sacrament? (CCC 1511-1512)
16. In the Catholic Church, who can receive this sacrament? Who administers it? (CCC 1513-1516)
17. How is the sacrament celebrated? (CCC 1517-1519)
18. In some cultures, reception of anointing means that the recipient is going to die. By contrast, how does the Church view the effects of the sacrament? (CCC 1520-1523)
19. What is the relation between Eucharist and Anointing of the Sick? (CCC 1524-1525)